

# KINDNESS

**Kindness is always the answer!**  
Being kind can change **EVERYTHING!**

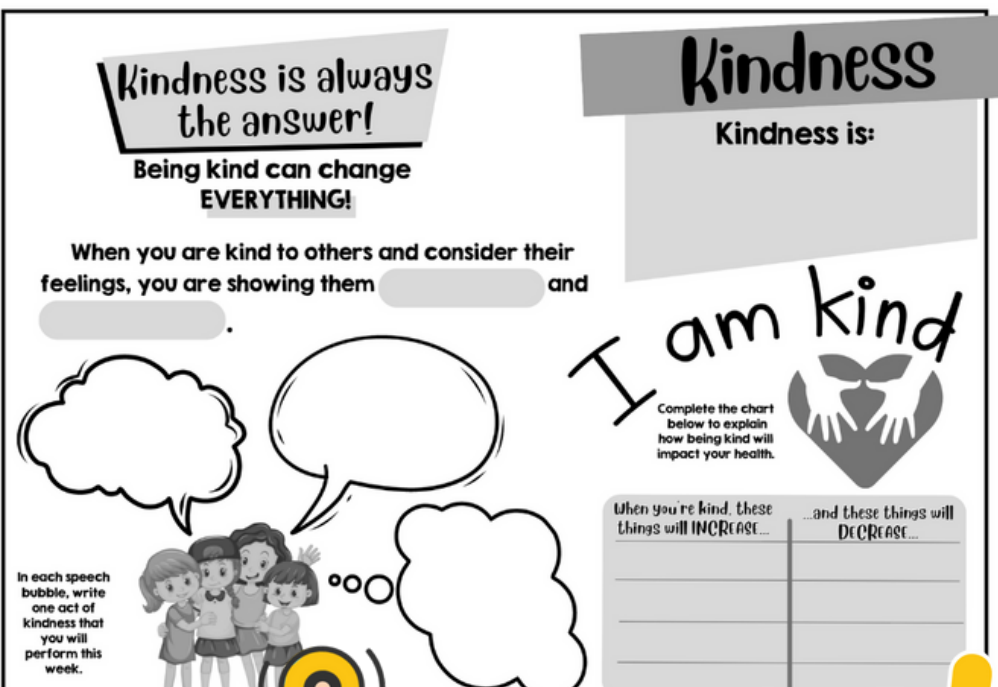
When you are kind to others and consider their feelings, you are showing them \_\_\_\_\_ and \_\_\_\_\_.

**I am kind**

Complete the chart below to explain how being kind will impact your health.

When you're kind, these things will INCREASE...	...and these things will DECREASE...

In each speech bubble, write one act of kindness that you will perform this week.



# Kindness

Click this icon anywhere you see it to turn the sound on and off

Click this icon anywhere you see it to always return to this homepage

**WHAT IS KINDNESS?**

**CHOOSE KINDNESS**

**BE KIND TO BE GREAT**

Click a topic above to learn more

When you're done exploring, Click the **Brain Burst Challenge!**



**LNK**  **Activity**  
Interactive Learning Guides

# WAIT!

Thank you for considering this LINKtivity for your classroom, but before you make a decision - you should know that you can get **access to this LINKtivity + PLUS our entire library** for about the same price as a single LINKtivity!

The results are in: **Teachers LOVE LINKtivities...** and want more! So, we've made it SUPER easy and cost effective for you to access any and ALL of our LINKtivities inside our LINKtivity Learning membership option! Instead of purchasing just ONE LINKtivity - why not get access to ALL of them... for about the SAME PRICE!



## INSIDE THE MEMBERSHIP YOU'LL HAVE UNLIMITED ACCESS TO:

- ✓ The **entire growing LINKtivity® library** inside the Membership (LINKtivities for all content areas)
- ✓ ALL **future LINKtivities** to be added to the membership (new releases each month!)
- ✓ **Teacher guides** to help you set up each LINKtivity® successfully in your classroom
- ✓ **Student resources** that go along with each LINKtivity (printable OR digital)
- ✓ **Kid-friendly rubrics** and **answer keys** for each LINKtivity®



**JOIN NOW**





Inside the Kindness LINKtivity, students learn the science behind being kind and how it affects us and those around us. Students will learn about this important social emotional learning skill through animated video, interactive activities, digital magnetic poetry, and more!



# More Sample Slides

## Be KIND Choose Kindness

Did you know that **respect** and **compassion** are closely linked with kindness? When you choose to be kind, you are considerate of other people's feelings.

**DID YOU KNOW?**

Kindness can change lives!

**Famous Quotes!**

Click the video icon to see just how easy it is to be kind to others!

CLICK HERE to read some quotes from famous people about kindness!

## Be Kind to Be Great!

Throughout time, many people have changed the course of the world by being kind. Best of all, kindness can be expressed by **ANYONE** at **ANYTIME**...regardless of race, gender, or economic status!

**DID YOU KNOW?**

When you are kind to others, you build connections and create relationships.

**Kindness MATTERS!**

Click the video icon to enjoy the read aloud of **A Little Spot of Kindness!**

CLICK HERE to see people in history who were known for kindness!

## Spread Kindness

People are more likely to express kindness to others after receiving an act of kindness. That is why the "Golden Rule" is so important. We really should treat others the way we want to be treated.

**DID YOU KNOW?**

Kindness is contagious!

Click the video icon to learn more about how you can change the world with kindness!

CLICK HERE for ideas of things you can do to be kind.

*always be kind*

## Kind Deeds in History!

Click on each number to learn about historical figures who went the extra mile to show kindness!

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

## Famous Quotes

Observe each picture. Then, click on each card to flip it over and read an interesting kindness quote!

## BRAIN BURST!

Complete each kindness activity below.

- WHO SAID IT?
- TRUE? or FALSE?
- KINDNESS POETRY

## Simple Acts of Kindness

Click on a picture below to discover a fun way to show kindness!

## The Big Reveal

Choose true or false for each statement about kindness. Each time you answer a question correctly, the magnifying glass will zoom out to reveal more of the mystery picture.

Statement:  
People who have received an act of kindness are more likely to show kindness to others.

**TRUE** **FALSE**

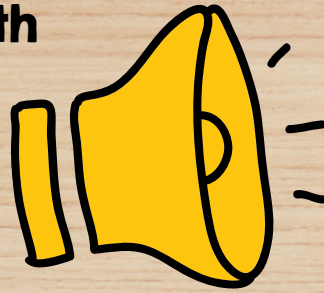
## Kindness Poetry

Drag the word tiles to create a poem about kindness! You can use as many or as few words as you'd like.



This LINKtivity is provided with

# AUDIO SUPPORT



Perfect for English  
language learners  
or students who  
could use a little  
extra support!

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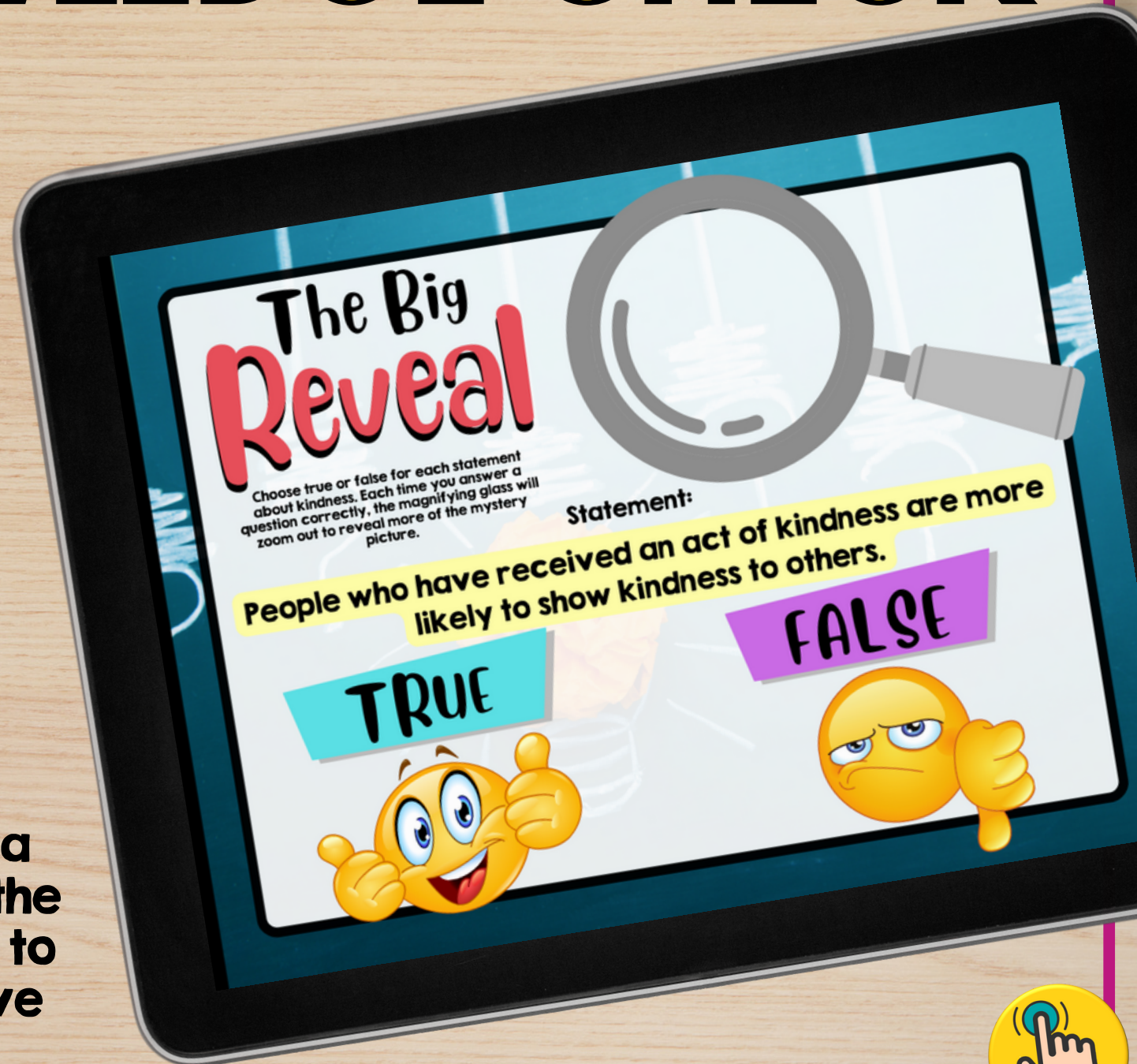
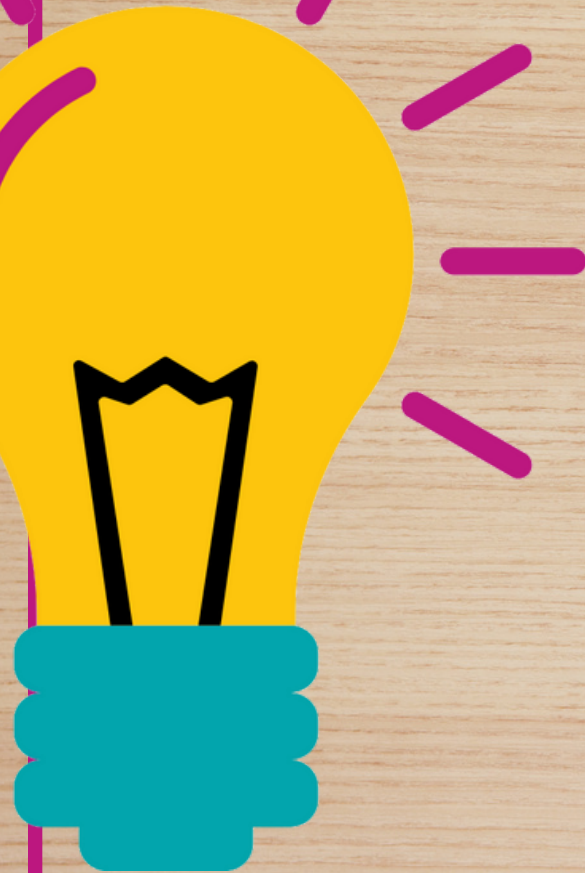
Click the video icon to enjoy the read aloud of **A Little SPOT of Kindness!**

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**Kindness MATTERS!**



# KNOWLEDGE CHECK



Students complete a quick self-check at the end of the LINKtivity to show what they have learned!



# Printable & Digital Student Recording Sheet

## Printable Recording Sheet for LINKtivity

**Kindness is always the answer!**

Being kind can change **EVERYTHING!**

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In each speech bubble, write one act of kindness that you will perform this week.

**Kindness**

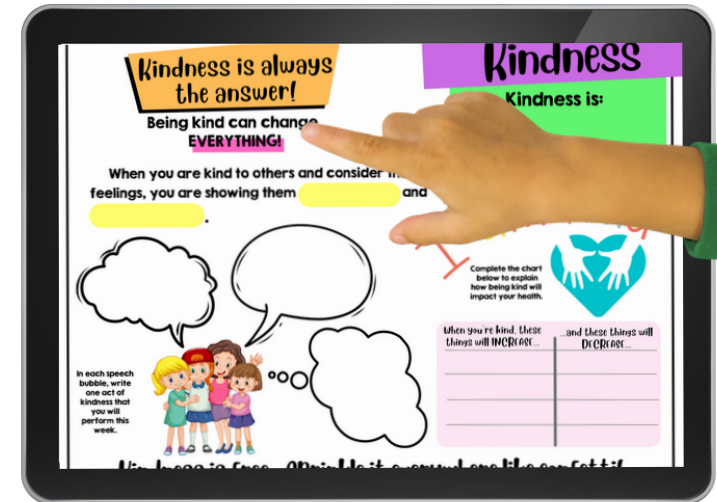
Kindness is:

**I am kind**

Complete the chart below to explain how being kind will impact your health.

When you're kind, these things will INCREASE...	...and these things will DECREASE...

**Kindness is free... Sprinkle it everywhere like confetti!**



Digital Recording Sheet for LINKtivity in Google Slides

## Answer Key

**Kindness is always the answer!**

Being kind can change **EVERYTHING!**

When you choose to be kind, you are **moderate** of other people's feelings.

In each speech bubble, write one act of kindness that you will perform this week.

**Kindness**

Kindness is:

**I am kind**

Complete the chart below to explain how being kind will impact your health.

When you're kind, these things will INCREASE...	...and these things will DECREASE...
energy	depression
self-esteem	anxiety
mood	blood pressure
	stress

**Kindness is free... Sprinkle it everywhere like confetti!**

