

EMPATHY



...care!

...strong & ...IPS!

...and ...others.

Empathy

Empathy is:

Empathy Matters!

Complete the chart below to explain how showing empathy can improve your life and mental health in a BIG way!

Empathy can ...and these things

LNK  **Activity**
Interactive Learning Guides

WAIT!

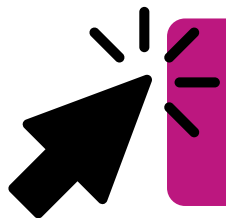
Thank you for considering this LINKtivity for your classroom, but before you make a decision - you should know that you can get **access to this LINKtivity + PLUS our entire library** for about the same price as a single LINKtivity!

The results are in: **Teachers LOVE LINKtivities...** and want more! So, we've made it SUPER easy and cost effective for you to access any and ALL of our LINKtivities inside our LINKtivity Learning membership option! Instead of purchasing just ONE LINKtivity - why not get access to ALL of them... for about the SAME PRICE!



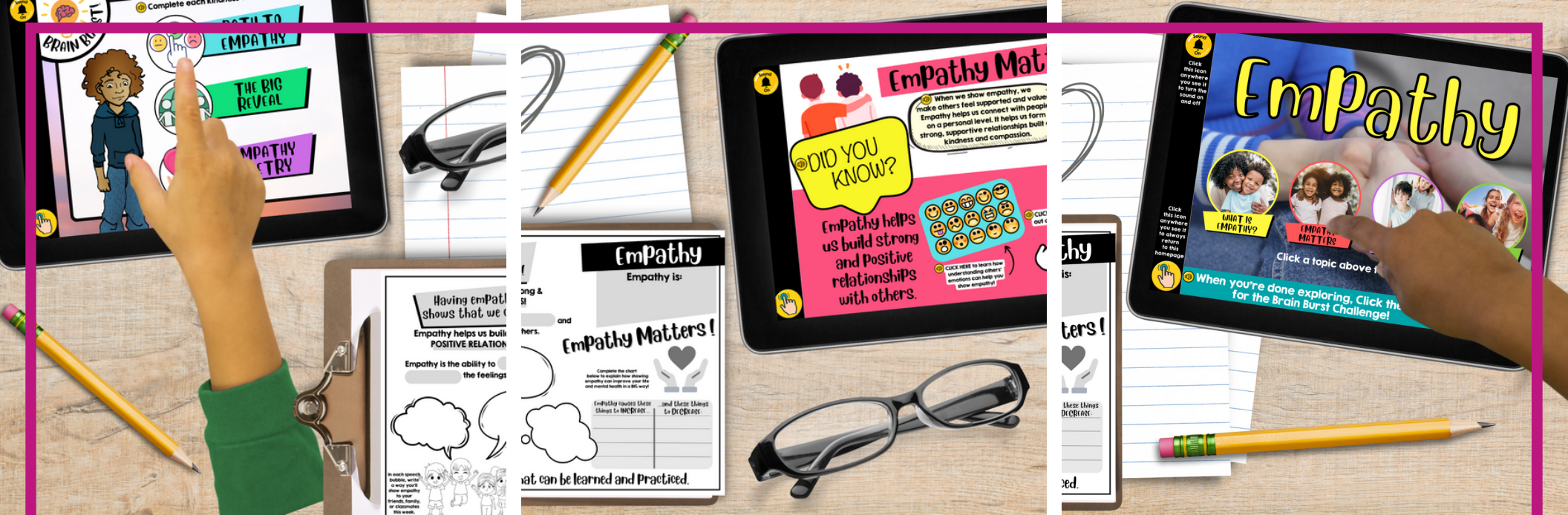
INSIDE THE MEMBERSHIP YOU'LL HAVE UNLIMITED ACCESS TO:

- ✓ The **entire growing LINKtivity® library** inside the Membership (LINKtivities for all content areas)
- ✓ ALL **future LINKtivities** to be added to the membership (new releases each month!)
- ✓ **Teacher guides** to help you set up each LINKtivity® successfully in your classroom
- ✓ **Student resources** that go along with each LINKtivity (printable OR digital)
- ✓ **Kid-friendly rubrics** and **answer keys** for each LINKtivity®

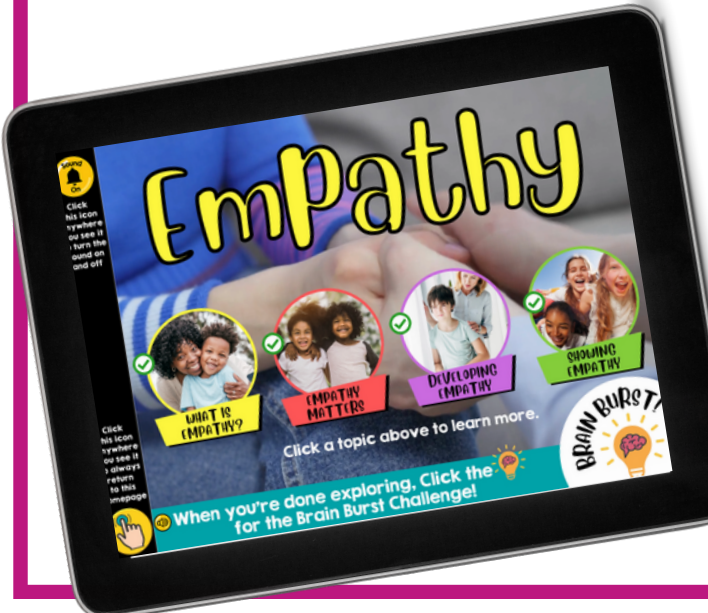


JOIN NOW





Inside the Empathy LINKtivity, students learn what it means to have empathy toward others. Students will learn why it is important to be empathetic to peers, how to develop this important social emotional learning skill and how to show empathy with our words and actions. Students will learn through animated video, interactive activities, digital magnetic poetry, and more!



More Sample Slides

Empathy Matters!

DID YOU KNOW?

When we show empathy, we make others feel supported and valued. Empathy helps us connect with people on a personal level. It helps us form strong, supportive relationships built on kindness and compassion.

Empathy helps us build strong and positive relationships with others.

CLICK HERE to check out a video series on empathy!

CLICK HERE to learn how understanding others' emotions can help you show empathy!

Sense of meaning and purpose

Feelings of connectedness

Positive outlook on life

Empathy causes these things to **Increase...**

Empathy will improve your life and mental health in a **BIG** way!

...and these things to **Decrease!**

Depression

Anxiety

Loneliness

Feelings of isolation

Developing Empathy

The road to empathy is a journey that we must embark on every day, and it takes time and practice. It's important to be patient with others because everyone is unique and may respond differently in various situations. By striving to be more compassionate and understanding, we can make a positive impact on the world around us.

DID YOU KNOW?

Empathy is a skill that can be learned and Practiced.

Click the video icon to learn more about empathy in everyday life!

CLICK HERE to learn how empathetic actions and behaviors can make a difference!

Empathy Video Series

Click on each episode in this three-part video series to go along for the journey as characters learn about empathy!

Episode 1

Episode 2

Episode 3

You can make a Difference!

1

2

3

4

5

Click on each number to learn how showing empathy can make a positive impact on those around you!

Using Our Body to Show Empathy

1 Empathetic Listening

Start by actively listening when someone is talking to you. Try to understand someone's point of view, even if it's different from your own.

Read the scenario below. Then, click on the choice that will lead you to showing empathy.

The Path to Empathy

Compassion

Loneliness

Support

Anxiety

SCENARIO
You notice a classmate being bullied by others.

Stand up for your classmate by intervening and then report the situation to a teacher or trusted adult.

Just turn and walk away. It isn't your problem so you don't want to get involved.

BRAIN BURST!

Complete each kindness activity below.

PATH TO EMPATHY

THE BIG REVEAL

EMPATHY POETRY

The Big Reveal

Choose true or false for each statement about empathy. Each time you answer a question correctly, the magnifying glass will zoom out to reveal more of the mystery picture.

Empathy helps us connect with others and show support.

TRUE

FALSE



This LINKtivity is provided with

AUDIO SUPPORT



Empathy causes these things to **Increase...**

- Sense of meaning and purpose
- Feelings of connectedness
- Positive outlook on life

Empathy will improve your life and mental health in a **BIG** way!

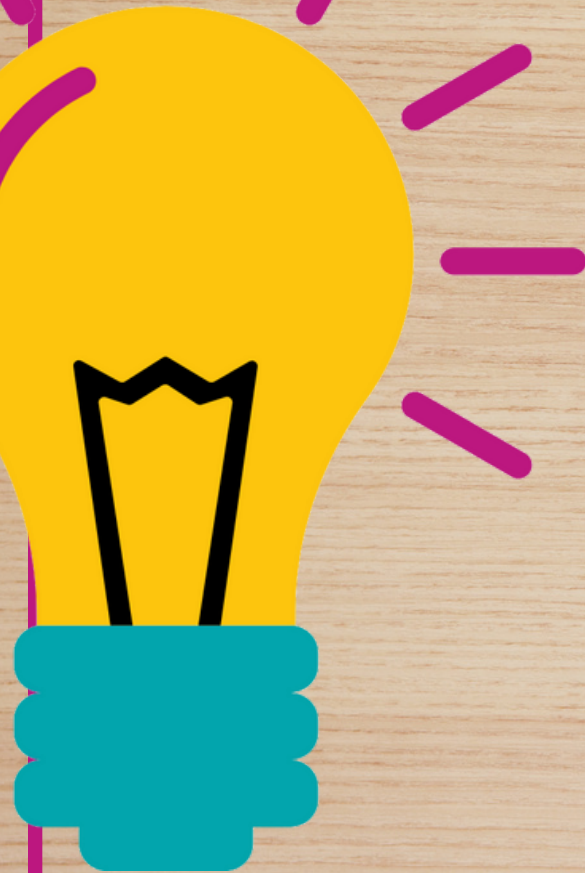
...and these things to **Decrease!**

- Depression
- Anxiety
- Loneliness
- Feelings of isolation

Perfect for English language learners or students who could use a little extra support!



KNOWLEDGE CHECK



Students complete a quick self-check at the end of the LINKtivity to show what they have learned!

Read the scenario below. Then, click on the choice that will lead you to showing empathy.

The Path to Empathy

SCENARIO
A classmate is feeling lonely during recess.

Compassion

Loneliness

Support

Anxiety

Brag about how much fun your having with your friends.

Invite them to join your group of friends in a game or activity, making them feel included and valued.



Printable & Digital Student Recording Sheet

Printable Recording Sheet for LINKtivity

Having empathy shows that we care!


Empathy helps us build strong & **POSITIVE RELATIONSHIPS!**

Having empathy shows that we _____ about others and their _____.


Empathy

Empathy is:

Empathy Matters!



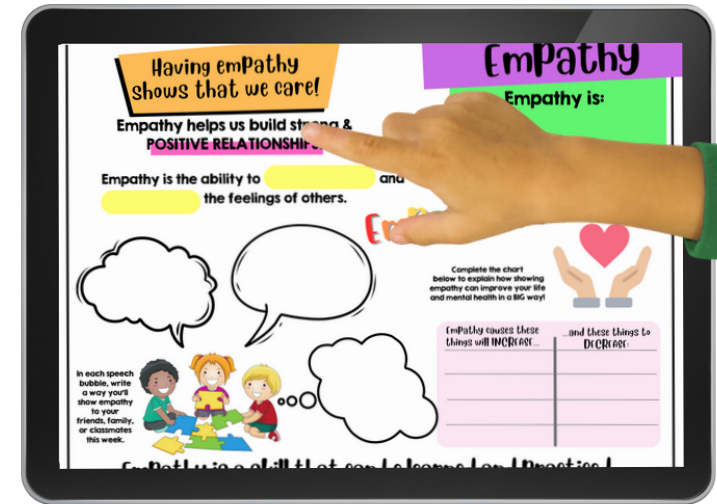
In each speech bubble, write a way you'll show empathy to your friends, family, or classmates this week.



Complete the chart below to explain how showing empathy can improve your life and mental health in a BIG way!

Empathy causes these things to INCREASE...	...and these things to DECREASE:

Empathy is a skill that can be learned and Practiced.



Having empathy shows that we care!

Empathy helps us build strong & **POSITIVE RELATIONSHIPS!**

Empathy is the ability to _____ and _____ the feelings of others.

Empathy is:

Complete the chart below to explain how showing empathy can improve your life and mental health in a BIG way!

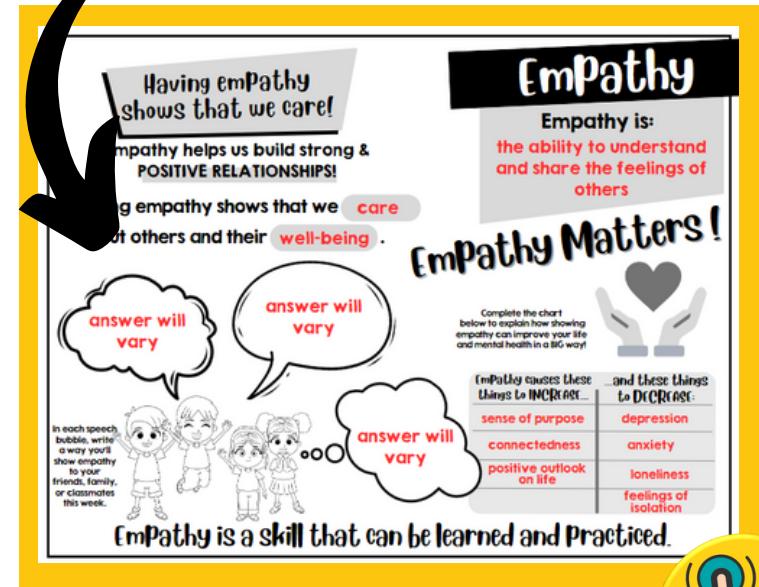
Empathy causes these things to INCREASE...	...and these things to DECREASE:

In each speech bubble, write a way you'll show empathy to your friends, family, or classmates this week.

Empathy is a skill that can be learned and Practiced!

Digital Recording Sheet for LINKtivity in Google Slides

Answer Key



Having empathy shows that we care!

Empathy helps us build strong & **POSITIVE RELATIONSHIPS!**

Having empathy shows that we **care** about others and their **well-being**.

Empathy is:

Complete the chart below to explain how showing empathy can improve your life and mental health in a BIG way!

Empathy causes these things to INCREASE...	...and these things to DECREASE:
sense of purpose	depression
connectedness	anxiety
positive outlook on life	loneliness
	feelings of isolation

In each speech bubble, write a way you'll show empathy to your friends, family, or classmates this week.

Empathy is a skill that can be learned and Practiced.

